

**Faisel M. Zaman, M.D.**  
Director of Interventional Physiatry  
Utah Spine and Joint Specialists, PLLC

Date: July 6, 2009

Current Office: Utah Spine and Joint Specialists, PLLC  
The Atrium Building  
5250 South Commerce Drive  
Suite #200  
Murray, Utah 84107

Previous office (2005-2008): Intermountain Spine Institute  
@ Cottonwood Hospital  
5810 South, 300 East, Suite #300  
Murray, Utah 84107

Education: 1991-95 B.A. Colby College (Biology)  
1995-00 M.D. Saba University School of Medicine

Postgraduate Training and Fellowship Appointments:

2000-01 Intern Resident in General Surgery  
Mercy Catholic Medical Center  
Darby, Pennsylvania

2001-03 Resident in PM&R  
East Carolina University  
Greenville, North Carolina

2003-04 Resident in PM&R  
University of Utah Hospitals and Clinics  
Salt Lake City, Utah

2004-05 Fellowship in Interventional Physiatry  
PENN Spine Center  
Hospital of the University of Pennsylvania  
Philadelphia, Pennsylvania

Faculty Appointments:

2004-05 Clinical Instructor, Department of PM&R  
Hospital of the University of Pennsylvania  
Philadelphia, Pennsylvania

2005-09 Adjunct Faculty and Instructor, Division of PM&R  
University of Utah  
Salt Lake City, Utah

Specialty Certification:

6-16-05 American Board of Physical Medicine and Rehabilitation  
8-2006 American Board of Pain Medicine

Licensure:

State of Utah  
Utah Controlled Substances License  
Pennsylvania State Athletic Commission – Physician License  
for Professional Boxing (Fight Doctor)  
Commonwealth of Pennsylvania

Memberships in Professional and Scientific Societies:

National Societies:

American Medical Association  
Resident and Fellows Section  
Utah State Representative 2003  
American Academy of Physical Medicine and Rehabilitation  
Resident Physician Council  
Chairman of Medical Education Committee 2001-02  
Chairman of Program Planning Subcommittee 2002-03  
Secretary and Executive Committee Member 2003-04  
Nominating Committee Member 2007-09  
Physiatric Association of Spine Sports and Occupational Rehabilitation  
Research Committee Member 2005-08  
Association of Academic Physiatrists  
AAP Resident Council Liaison from AAPMR 2003-04  
American Academy of Neuromuscular and Electrodiagnostic Medicine  
North American Spine Society 2007-09  
International Spine Intervention Society 2007-09

State Societies:

Utah Medical Association 2005-09  
Salt Lake County Medical Society 2005-09  
Utah Bone Club 2009

Editorial Boards:

2006-present Advisory Editorial Board Member of *The Spine Journal*  
Official Journal of The North American Spine Society.  
2008-present Advisory Editorial Board Member of *PMR The Journal of*  
*Injury, Function, and Rehabilitation* Official Journal of the  
American Academy of Physical Medicine and Rehabilitation  
2009-2012 Editor, *Spine Line – The Clinical and News Magazine for Spine*  
*Care Professionals* – North American Spine Society

Academic Committees:

2001-03	PM&R <i>Resident Representative</i> to Resident Physician Council East Carolina University, Brody School of Medicine
2002-03	<i>Resident Representative</i> to Medical Executive Committee Pitt County Memorial Hospital, East Carolina University
2003-04	Graduate Medical Education Committee Member University of Utah Hospitals and Clinics
2003-04	Credentials Committee Member University of Utah Hospitals and Clinics
2003-04	Affiliated Hospitals Committee Member University of Utah Hospitals and Clinics
2003-04	Chief Resident Committee Member University of Utah Hospitals and Clinics
2003-04	Housestaff Association PM&R Delegate University of Utah Hospitals and Clinics
2005-08	Research Committee Member Physiatric Association of Spine, Sports and Occupational Rehabilitation – AAPMR
2006-08	Nominating Committee Member Physiatric Association of Spine, Sports and Occupational Rehabilitation – AAPMR

Lectures by Invitation:

October 25, 2009	“Preventing Complications in Spine Interventions” – 70 <sup>th</sup> Annual American Academy of Physical Medicine and Rehabilitation Annual Meeting, Austin, Texas
August 6, 2009	“Vertebral Augmentation Procedures” – APPNA Summer CME Cruise ship meeting, Vancouver, Canada to Alaska.
May 15, 2009	“Introduction to Interventional Physiatry and Spinal Injection Procedures for Lumbar Pain” – Utah Society of Radiology Technicians Spring Meeting – Layton, Utah
May 1, 2009	“Advances in Treatment of Osteoporotic Insufficiency Fractures” – American Physical Therapy Association, Spring Conference – The Canyons Resort, Park City, Utah
November 20, 2008	“Advances in Treatment of Osteoporotic Insufficiency Fractures” – 69 <sup>th</sup> Annual American Academy of Physical Medicine and Rehabilitation Annual Meeting, San Diego, California
February 1, 2008	“Vertebroplasty, Kyphoplasty and Sacroplasty” – 24 <sup>th</sup> Annual

Physical Medicine and Rehabilitation Update, Park City, Utah  
Sponsored by University of Utah.

- November 10, 2007 “Vertebroplasty and Kyphoplasty, an Introduction and Overview” – Utah Society of Radiology Technicians Fall Meeting – Intermountain University – Salt Lake City, Utah
- June 22, 2007 “Introduction to Interventional Physiatry and Spinal Injection Procedures for Lumbar Pain” – University of Utah, Occupational Medicine Residency Grand Rounds
- June 13, 2006 “Therapeutic Spinal Injection Procedures For Lumbar Radicular Pain” – The Orthopedic Specialty Hospital Academic Conference.
- February 24, 2005 “Diagnostic Value of Cervical Discography in Management of Cervical Discogenic Pain Secondary to Whiplash Injuries and its Predictive Value for Cervical Fusion.” – 41<sup>st</sup> Annual AAP Educational Conference, Tucson, Arizona.
- February 1, 2004 “The Discography Controversy” – 20<sup>th</sup> Annual Physical Medicine and Rehabilitation Update, Park City, Utah. Sponsored by University of Utah.
- June 8, 1999 “Access Strategies for Endovascular Intervention in the Carotid Artery – Is There a Role for the Direct Cervical Approach?” Presented at the 47<sup>th</sup> annual Society of Vascular Surgeons / International Society for Cardiovascular Surgery conference in Washington D.C.

Volunteer Experience:

- 2003-08 National Mentor – AAPMR Resident Physician Council’s Mentorship Program.
- 2003-04 University of Utah Hospitals and Clinics Medical Student Mentorship Program.

Bibliography:

Research Publications, peer reviewed (print or other media):

Criado FJ, Wilson EP, **Zaman FM**, Falconer RJ. Endovascular Grafting of Abdominal Aortic Aneurysms (AAA): Historical Development and Evolving Technologies, *The Journal of Invasive Cardiology*, September 1999, Vol. 11, No. 9 pp.577-581.

**Zaman FM**, Wong M, Slipman CW, Ellen MI. Dysphonia Associated with Shoulder Steroid Injection, A Case Report. *American Journal of Physical Medicine and Rehabilitation*. April 2005; 84:307-309.

Abstracts:

Isaac VW, **Zaman FM**, DePalma MJ, Slipman CW. "Diagnostic Value of Cervical Discography in Management of Cervical Discogenic Pain Secondary to Whiplash Injuries and its Predictive Value for Cervical Fusion." *American Journal of Physical Medicine and Rehabilitation*, March 2005, Vol. 84, No 3 p200.

Thackeray A, Fritz J, Brennan G, **Zaman FM**, "Characteristics of Subjects With Low Back and Leg Pain who Respond to a Therapeutic Transforaminal Selective Nerve Root Block: A Secondary Analysis of a Randomized Trial." Abstract / Poster for the American Academy of Physical Medicine and Rehabilitation 70th Annual Assembly and Technical Exhibition in Austin, TX, October 22-25, 2009.

Editorials, Reviews, Chapters, including participation in committee reports:

Chapter 20: Patient Education and Support. Faisal M. Zaman, M.D., Andrea Tarquino, R.N. *Interventional Spine: An Algorithmic Approach*. 2007 Editors: Slipman, Derby, Simeone, Mayer.

Chapter 49: Biomechanics and Assessment of the Painful Shoulder. Mark Ellen, M.D., Faisal M. Zaman, M.D., *Interventional Spine: An Algorithmic Approach*. 2007 Editors: Slipman, Derby, Simeone, Mayer.

Publications, non-peer reviewed

Faisal M. Zaman, M.D., Curtis W. Slipman, M.D. "The Discography Controversy". *The PM & R Resident*. Fall 2003, Volume 12, Number 4, pages 4-6.

Faisal M. Zaman, M.D. "Annual Assembly Update: Orlando 2002 and Chicago 2003". *The PM & R Resident*. Spring 2003, Volume 12, Number 3, page 7.

Harty, A. "Saba Graduate Representative for AMA". *The Island Stethoscope* Winter 2004, Volume 3, Issue 2, page 6

Faisel M. Zaman, M.D., “2004 Association of Academic Physiatrists Annual Meeting Update”. The PM & R Resident. Spring 2004, Volume 13, Number 2, page 3.

Alternative Media:

Faisel M. Zaman, M.D., Curtis W. Slipman, M.D., “The Discography Controversy”. Published in on-line journal *Spine Universe*, October 2003. <http://www.spineuniverse.com/authorbio.php?authorID=464>

Recorded radio talk show in Chicago, Illinois, on “News Broadcast Network” regarding clinical role of PM&R physicians. October 2003

ABC News Live TV appearance on “Ask The Expert” segment 4/2006 regarding Conservative Spine Care.

Faisel M. Zaman, M.D., “Spontaneous Low Back Pain, Radiculopathy, and Weakness in a 28-year-old” Published in on-line journal *Spine Universe*, May 14, 2008. <http://www.spineuniverse.com/professional/case-study/25/spontaneous-low-back-pain-radiculopathy-and-weakness-in-a-28-year-old.html>