

Faisel M. Zaman, M.D.
Director of Interventional Physiatry
Utah Spine and Joint Specialists, PLLC
faiselzamanmd.com

Date: February 23, 2011

Current Office: Utah Spine and Joint Specialists, PLLC
The Atrium Building
5250 South Commerce Drive
Suite #200
Murray, Utah 84107

Previous office (2005-2008): Intermountain Spine Institute
@ Cottonwood Hospital
5810 South, 300 East, Suite #300
Murray, Utah 84107

Education: 1991-95 B.A. Colby College (Biology)
1995-00 M.D. Saba University School of Medicine

Postgraduate Training and Fellowship Appointments:

2000-01	Intern Resident in General Surgery Mercy Catholic Medical Center Darby, Pennsylvania
2001-03	Resident in PM&R East Carolina University Greenville, North Carolina
2003-04	Resident in PM&R University of Utah Hospitals and Clinics Salt Lake City, Utah
2004-05	Fellowship in Interventional Physiatry PENN Spine Center Hospital of the University of Pennsylvania Philadelphia, Pennsylvania

Faculty Appointments:

2004-05	Clinical Instructor, Department of PM&R Hospital of the University of Pennsylvania Philadelphia, Pennsylvania
2005-11	Adjunct Faculty and Instructor, Division of PM&R University of Utah Salt Lake City, Utah

Specialty Certification:

6-16-05 American Board of Physical Medicine and Rehabilitation
8-2006 American Board of Pain Medicine

Licensure:

State of Utah
Utah Controlled Substances License
Pennsylvania State Athletic Commission – Physician License
for Professional Boxing (Fight Doctor)
Commonwealth of Pennsylvania

Memberships in Professional and Scientific Societies:

National Societies:

American Medical Association
Resident and Fellows Section
Utah State Representative 2003
American Academy of Physical Medicine and Rehabilitation
Resident Physician Council
Chairman of Medical Education Committee 2001-02
Chairman of Program Planning Subcommittee 2002-03
Secretary and Executive Committee Member 2003-04
Nominating Committee Member 2007-09
Knowledge KNOW Committee Member 2011
Physiatric Association of Spine Sports and Occupational Rehabilitation
Research Committee Member 2005-08
Association of Academic Physiatrists
AAP Resident Council Liaison from AAPMR 2003-04
American Academy of Neuromuscular and Electrodiagnostic Medicine 05
North American Spine Society 2007-11
International Spine Intervention Society 2007-11

State Societies:

Utah Medical Association 2005-11
Salt Lake County Medical Society 2005-11
Utah Bone Club 2009-11

Editorial Boards:

2006-present Advisory Editorial Board Member of *The Spine Journal*
Official Journal of The North American Spine Society.
2008-present Advisory Editorial Board Member of *PMR The Journal of*
Injury, Function, and Rehabilitation Official Journal of the
American Academy of Physical Medicine and Rehabilitation
2009-2012 Editor, *Spine Line – The Clinical and News Magazine for Spine*
Care Professionals – North American Spine Society

Academic Committees:

2001-03	PM&R <i>Resident Representative</i> to Resident Physician Council East Carolina University, Brody School of Medicine
2002-03	<i>Resident Representative</i> to Medical Executive Committee Pitt County Memorial Hospital, East Carolina University
2003-04	Graduate Medical Education Committee Member University of Utah Hospitals and Clinics
2003-04	Credentials Committee Member University of Utah Hospitals and Clinics
2003-04	Affiliated Hospitals Committee Member University of Utah Hospitals and Clinics
2003-04	Chief Resident Committee Member University of Utah Hospitals and Clinics
2003-04	Housestaff Association PM&R Delegate University of Utah Hospitals and Clinics
2005-08	Research Committee Member Physiatric Association of Spine, Sports and Occupational Rehabilitation – AAPMR
2006-08	Nominating Committee Member Physiatric Association of Spine, Sports and Occupational Rehabilitation – AAPMR
2011	Chairman of Department of Physical Medicine and Rehabilitation, Intermountain Medical Center, Murray, Utah

Lectures by Invitation:

February 7, 2011	“Effectiveness of physical therapy as an adjunct to a selective nerve root block for treatment of lumbar radicular pain.” presented at The Orthopedic Specialty Hospital – Intermountain Spine Institute CME conference.
November 5, 2010	“Minimizing Complications in Spine Interventions” – 71 st Annual American Academy of Physical Medicine and Rehabilitation Annual Meeting, Seattle, Washington
October 25, 2009	“Preventing Complications in Spine Interventions” – 70 th Annual American Academy of Physical Medicine and Rehabilitation Annual Meeting, Austin, Texas
August 6, 2009	“Vertebral Augmentation Procedures” – APPNA Summer CME Cruise ship meeting, Vancouver, Canada to Alaska.

- May 15, 2009 “Introduction to Interventional Physiatry and Spinal Injection Procedures for Lumbar Pain” – Utah Society of Radiology Technicians Spring Meeting – Layton, Utah
- May 1, 2009 “Advances in Treatment of Osteoporotic Insufficiency Fractures” – American Physical Therapy Association, Spring Conference – The Canyons Resort, Park City, Utah
- November 20, 2008 “Advances in Treatment of Osteoporotic Insufficiency Fractures” – 69th Annual American Academy of Physical Medicine and Rehabilitation Annual Meeting, San Diego, California
- February 1, 2008 “Vertebroplasty, Kyphoplasty and Sacroplasty” – 24th Annual Physical Medicine and Rehabilitation Update, Park City, Utah Sponsored by University of Utah.
- November 10, 2007 “Vertebroplasty and Kyphoplasty, an Introduction and Overview” – Utah Society of Radiology Technicians Fall Meeting – Intermountain University – Salt Lake City, Utah
- June 22, 2007 “Introduction to Interventional Physiatry and Spinal Injection Procedures for Lumbar Pain” – University of Utah, Occupational Medicine Residency Grand Rounds
- June 13, 2006 “Therapeutic Spinal Injection Procedures For Lumbar Radicular Pain” – The Orthopedic Specialty Hospital Academic Conference.
- February 24, 2005 “Diagnostic Value of Cervical Discography in Management of Cervical Discogenic Pain Secondary to Whiplash Injuries and its Predictive Value for Cervical Fusion.” – 41st Annual AAP Educational Conference, Tucson, Arizona.
- February 1, 2004 “The Discography Controversy” – 20th Annual Physical Medicine and Rehabilitation Update, Park City, Utah. Sponsored by University of Utah.
- June 8, 1999 “Access Strategies for Endovascular Intervention in the Carotid Artery – Is There a Role for the Direct Cervical Approach?” Presented at the 47th annual Society of Vascular Surgeons / International Society for Cardiovascular Surgery conference in Washington D.C.

Volunteer Experience:

- 2003-08 National Mentor – AAPMR Resident Physician Council’s Mentorship Program.
2003-04 University of Utah Hospitals and Clinics Medical Student Mentorship Program.

Bibliography:

Research Publications, peer reviewed (print or other media):

Criado FJ, Wilson EP, **Zaman FM**, Falconer RJ. Endovascular Grafting of Abdominal Aortic Aneurysms (AAA): Historical Development and Evolving Technologies, *The Journal of Invasive Cardiology*, September 1999, Vol. 11, No. 9 pp.577-581.

Faisel M. Zaman, M.D., Curtis W. Slipman, M.D., “The Discography Controversy”. Published in on-line journal *Spine Universe*, October 2003.
<http://www.spineuniverse.com/authorbio.php?authorID=464>

Zaman FM, Wong M, Slipman CW, Ellen MI. Dysphonia Associated with Shoulder Steroid Injection, A Case Report. *American Journal of Physical Medicine and Rehabilitation*. April 2005; 84:307-309.

Faisel M. Zaman, M.D., “Spontaneous Low Back Pain, Radiculopathy, and Weakness in a 28-year-old” Published in on-line journal *Spine Universe*, May 14, 2008. <http://www.spineuniverse.com/professional/case-study/25/spontaneous-low-back-pain-radiculopathy-and-weakness-in-a-28-year-old.html>

Faisel M. Zaman, M.D. 24th NASS Annual Meeting, NASS 2009 An Interventional Spine Specialist’s Perspective. Current Concepts. *Spine Line*. Nov-Dec 2009, pages 26-29.

Truumees E, Frey ME, Moshirfar A, Miller S, Mroz TE, Vives MJ, **Zaman FM**. Vertebral Body Augmentation: Time for Reassessment? Current Concepts. *Spine Line*. May-June 2010, pages 13-22.

Thackeray A, Fritz JM, Brennan GP, **Zaman FM**, Willick SE. A Pilot Study Examining the Effectiveness of Physical Therapy as an Adjunct to Selective Nerve Root Block in the Treatment of Lumbar Radicular Pain From Disk Herniation: A Randomized Controlled Trial. Research Report. *Physical Therapy* Vol 90, No 12, p1717-1729. Dec 2010

Abstracts:

Isaac VW, **Zaman FM**, DePalma MJ, Slipman CW. “Diagnostic Value of Cervical Discography in Management of Cervical Discogenic Pain Secondary to Whiplash Injuries and its Predictive Value for Cervical Fusion.” *American Journal of Physical Medicine and Rehabilitation*, March 2005, Vol. 84, No 3 p200.

Thackeray A, Fritz JM, Brennan GP, Zaman FM, Willick SE. Effectiveness of physical therapy as an adjunct to a selective nerve root block for treatment of lumbar radicular pain. Platform Presentation. American Physical Therapy Association Combined Sections Meeting, Las Vegas, NV, February, 2009.

Thackeray A, Brennan G, Fritz J, Willick S, **Zaman FM**, "Characteristics of Subjects With Low Back and Leg Pain who Respond to a Therapeutic Transforaminal Selective Nerve Root Block: A Secondary Analysis of a Randomized Trial." Abstract / Poster for the American Academy of Physical Medicine and Rehabilitation 70th Annual Assembly and Technical Exhibition in Austin, TX, October 22-25, 2009. Published in supplement to *PM&R – The Journal of injury, function and rehabilitation*

Editorials, Reviews, Chapters, including participation in committee reports:

Chapter 20: Patient Education and Support. Faisal M. Zaman, M.D., Andrea Tarquino, R.N. *Interventional Spine: An Algorithmic Approach*. 2007 Editors: Slipman, Derby, Simeone, Mayer.

Chapter 49: Biomechanics and Assessment of the Painful Shoulder. Mark Ellen, M.D., Faisal M. Zaman, M.D., *Interventional Spine: An Algorithmic Approach*. 2007 Editors: Slipman, Derby, Simeone, Mayer.

Publications, non-peer reviewed

Faisal M. Zaman, M.D., Curtis W. Slipman, M.D. “The Discography Controversy”. *The PM & R Resident*. Fall 2003, Volume 12, Number 4, pages 4-6.

Faisal M. Zaman, M.D. "Annual Assembly Update: Orlando 2002 and Chicago 2003". The PM & R Resident. Spring 2003, Volume 12, Number 3, page 7.

Harty, A. "Saba Graduate Representative for AMA". The Island Stethoscope Winter 2004, Volume 3, Issue 2, page 6

Faisal M. Zaman, M.D., "2004 Association of Academic Physiatrists Annual Meeting Update". The PM & R Resident. Spring 2004, Volume 13, Number 2, page 3.

Television and Radio:

Recorded radio talk show in Chicago, Illinois, on "News Broadcast Network" regarding clinical role of PM&R physicians. October 2003

ABC News Live TV appearance on "Ask The Expert" segment 4/2006 regarding Conservative Spine Care.